# Understanding the uniqueness of



P eriostat is an exciting new weapon in the fight against serious gum disease (adult periodontitis). It directly treats the destruction of tooth and gum tissue caused by certain enzymes in your body. Periostat is

the first and only medication that primarily suppresses the action of these destructive enzymes.\* Periostat is available by prescription only and should be taken orally as an adjunct to scaling and root planing procedures.

Here is important information about Periostat. Keep it handy for reference.

# Questions & Answers About Periostat (doxycycline hyclate) 20 mg capsules

#### Q: HOW DOES PERIOSTAT WORK?

A. Periostat works by suppressing the enzymes that destroy gum tissue and bone.

## Q: WHY SHOULD I TAKE PERIOSTAT?

Recent research has shown that periodontitis is best treated with a two-pronged approach that addresses both the bacterial component of the disease as well as the body's overproduction of enzymes to fight periodontal bacteria. Periostat combats these enzymes while other therepies pri

odontal bacteria. Periostat combats these enzymes while other therapies primarily address bacterial removal. Therefore, using Periostat in combination with routine maintenance will provide enhanced benefits for your periodontitis.

#### Q: WHEN SHOULD I TAKE PERIOSTAT?

A: Periostat should be taken twice daily, one capsule in the morning and one in the evening, about an hour before meals.

#### **Q:** HOW LONG SHOULD I TAKE PERIOSTAT?

A: Your dentist will provide specific instructions on the length of your therapy. Periostat can be taken for a period of 3 to 9 months.

## **Q** WHAT IF I FORGET TO TAKE A CAPSULE?

Just resume taking the next scheduled dosage. Don't double up to make up for the missed capsule.

#### **Q:** ARE THERE ANY PEOPLE WHO SHOULDN'T TAKE PERIOSTAT?

A. Anyone who has shown hypersensitivity to any of the tetracyclines, infants, children under 8 years of age, and pregnant or nursing mothers should not take Periostat.

## IF YOU HAVE ANY QUESTIONS ABOUT PERIOSTAT CALL COLLAGENEX PROFESSIONAL AFFAIRS AT

*888-339-5678.* 

You're on your way to a healthier mouth! Remember — it is vital to follow your dentist's recommended home-care program and to keep future appointments!

Please see Warnings, Cautions, Adverse Reactions and Contraindications in brief summary of the full prescribing information on reverse side.

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#### How Periodontal Disease Progresses



#### Gingivitis

Bacteria and plaque have caused the gums to become inflamed and to bleed easily. Plaque gets into the space between the gum and tooth. Professional cleaning and good home care are usually enough to restore healthy gums.



#### Periodontitis

High levels of bacteria initiate release of tissue-destroying enzymes. These enzymes start a process which result in deeper "pockets" and bone loss. Treatment is aimed at stopping further damage and reversing the progression of the disease.



#### Advanced Periodontitis

Reversible to some extent, bacteria and enzymes have caused gum and bone to degrade further. At this stage, treatment is critical to avoid losing teeth.

<sup>\*</sup> Clinical studies show that doxycycline reduces the elevated collagenase activity in the gingival crevicular fluid of patients with adult periodontitis. Further studies are necessary to establish the clinical significance of these findings. Please see full Prescribing Information for further references.